



# Bristol advice charities are open for FREE phone advice

“I was paying off my debts... but I can't afford to right now, what can I do?”

“I have been turned down for PIP/ESA/AA – what can I do?”

“My income has reduced. I can't pay my bills. What are my options?”

“I've lost my job and can't pay my rent. What can I do?”

Coronavirus has caused and deepened problems for people in our community. Please don't worry on your own; our expert advice is free.

**Get in touch for help today.**



Specialist advice and information for people 55 and over.  
**Call 0117 922 5353** or email [advice@ageukbristol.org.uk](mailto:advice@ageukbristol.org.uk)  
[www.ageuk.org.uk/bristol](http://www.ageuk.org.uk/bristol)

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Helping people access justice

Employment, discrimination, benefits appeals & more.  
**Call 0117 924 8662** or email [mail@bristollawcentre.org.uk](mailto:mail@bristollawcentre.org.uk)  
[www.bristolawcentre.org.uk](http://www.bristolawcentre.org.uk)

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For anyone facing housing problems or homelessness.  
**Call 0117 935 1260** or email [advice@chasbristol.co.uk](mailto:advice@chasbristol.co.uk)  
[www.chasbristol.co.uk](http://www.chasbristol.co.uk)

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Independent advice on employment, debt, benefits & more.  
**General advice: 03444 111 444**  
Initial Universal Credit claims: 0800 144 8444  
[www.bristolcab.org.uk](http://www.bristolcab.org.uk)

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We can help people with bad housing or homelessness.  
**Call 0344 515 1430**  
Urgent help out of hours: 0808 800 4444  
[england.shelter.org.uk](http://england.shelter.org.uk)

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Support with debt, benefits advice and appeals.  
**Debt 0117 903 8358 / Benefits & general 0117 985 1122**  
email [admin@southbristoladvice.org.uk](mailto:admin@southbristoladvice.org.uk)  
[www.southbristoladvice.org.uk](http://www.southbristoladvice.org.uk)

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Specialist debt, benefits and income maximisation advice.  
**Call 0117 954 3990** or email [mail@talkingmoney.org.uk](mailto:mail@talkingmoney.org.uk)  
[www.talkingmoney.org.uk](http://www.talkingmoney.org.uk)

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Disabled People related welfare benefits advice & more.  
**Call 0117 947 9922 or call/text 07973 685 849**  
[www.wecil.co.uk](http://www.wecil.co.uk)

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